



TEAM DEVIZES - MOONRAKERS ATHLETICS CLUB

News Letter

December 2012

Dates for your Diary:

Wiltshire XC Champs -
Sunday 9th December @ Bath

Lions sponsored Walk

Ian, Michelle and Sam walked the 10 miles on a beautiful Day, thank you to everyone who sponsored them. £124 was raised which will be used to buy new equipment for the club

ATHLETICS 365

Everyone in the 365 group has been working very hard to complete their awards.

Charlotte is the latest person to pass a level, completing her green award. Congratulations Charlotte

Welfare Officers

We have great pleasure in introducing our new Welfare Officers;

Katriona Richardson and
Chris Wrigglesworth.

The role of our welfare officers is to advise and support the club officers and committee to implement welfare policies and

procedures to respond to any concerns regarding child protection and to ensure that all coaches/officials/volunteers have completed CRB checks.

Our Welfare Officers will be available for parents and athletes to talk to at the start or end of sessions if they wish to raise any concerns. They are also available on the following email addresses:

katriona@teamdevizes.org
chris@teamdevizes.org

Training essentials



For the safety of all athletes it is essential that mobile phones are not used during training.



Can all athletes ensure that they have sensible trainers on for every training session, no slip ons shoes or high tops.



Each athlete must also ensure they bring a bottle of water for each session, it is most important to keep hydrated.

As our athletes get warm whilst training, it is important to put on a hoodie and tracksuit trousers before leaving especially in this cold weather.

Rebooking Training Sessions

Rebooking forms will be going out shortly for term 3 (Jan./Feb 2013). Please return by the specified date to ensure the athletes space is secured within the group for term