



TEAM DEVIZES - MOONRAKERS ATHLETICS CLUB

News Letter

April 2012

Dates for your Diary:

16th April - 1st June 2012 (Inc.) -
Training every Wednesday @
Devizes School 6:30 -8:00pm

Sun 22nd April 2012
Yate Sprint and Hurdle Challenge
Events for U13, U15, U17, U20 and
Seniors

Wiltshire County Championships -
13th May 2012 @ Tidworth
Track and Field: Events for U11,
U13, U15, U17 and U20. More
details to follow

3rd Midland Indoor Open

On the 24th March Simon Trebble and I participated in the Midlands Athletic Associations Indoor Athletics Meeting. It was the 3rd Midland Indoor Open Meeting of the season, at Alexander Stadium in Birmingham the biggest stadium for athletics in England. It was the final indoor meeting of a very successful season. The stadium was full of spectators and this gave us a great atmosphere to race in. This was the first competition we had competed in, representing Team Devizes in 100m and 60m spring races. I can 4th in 100m and 5th in 60m, which I was very pleased

with because it was the first time I have ever competed for a club. However, Simon Trebble outclassed me in both races coming 2nd in 100m and 3rd in 60m and he was very pleased with those results. The event was very well organised because there was little delay between races and the results from each race were displayed very soon after it was finished (2-5 minutes). Alexander stadium is a magnificent stadium, the facilities were excellent and the race track was top quality, it was a pleasure competing there for our first competition, hopefully we will get the opportunity to compete in this great venue again.

By Joseph Morrison and
Simon Trebble



Message from Coach Shane:
Well done Joe and Simon, it was a pleasure to take you to your first events and you did really well. I am really proud of you both and look forward to watching you progress within the sport.

Training

A note for all athletes, after Easter please be prepared for training outside. Bring suitable clothing i.e. jumpers/tracksuit bottoms/lightweight waterproof jackets. Please also ensure that you always bring a bottle of water to ensure you remain hydrated throughout the session.

Upcoming Competitions

Hopefully everyone has received information about the two upcoming meets at Yate and Tidworth. We would love to see as many of our athletes at these events as possible. Please let us know if you have entered so that we can ensure we take enough Team Devizes Vests for everyone to wear on the day. We would love to enter some relay teams in the Tidworth meet if possible so let us know if you would be

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interested in making up a team. If anyone would like any information on how the events work, how to fill in the forms or anything else please do not hesitate to contact us either by email or speak to us directly at a training session.

Colins Training Sessions

Some of you may have noticed Colin has recently been training with a group of older athletes some familiar and some new faces. These athletes are some of Colin's athletes that he trains at Bath and are joining us on a Wednesday evening for an extra conditioning session on top of their normal 2 or 3 sessions a week that they do at Bath. The interesting fact that we thought was worth publishing is that the 5 athletes that are doing this extra session all started their athletics training at Team Devizes before Colin suggested they join him at Bath. Furthermore they are all, or in a couple of cases due to injury, have been in the top 10 in the UK for their age category.

365 Awards

Message from Coach Sam:

The athletes in my group have been working really hard towards the Red 365 award and hopefully some of them will pass the award very soon. Well done to everyone in the group. Once we pass you, you will receive a slip to say that you passed the level with an option to purchase the 365 award band and certificate at a cost of £3.00 each.

Membership Renewals

Please note Apr 1st is the time of year the club memberships are due for renewal. Athletes joining the club since Sept 2011 will be exempt from the renewals this year.